



the aching and tired soul than with the ornamental incense burners. Other fine gifts come in the form of Tibetan motif t-shirts, gem boxes, scarves, handmade rugs/carpets, painted altars, side cabinets, treasure chests and many more wonderful items.

An array of almost mystical and mystifying items are also available to stir the mind's curiosity. The Tibetan singing bowl is one of the most powerful healing instruments of sound and vibration. Its uses are multiple. It is called a singing bowl because the exotic sound hovers in the air long after it has been played.

The ones available at Sacred Citadel are made with engravings of Buddha images on the inside and the eight auspicious symbols on the outside. The bowls are effective for meditation and healing purposes. The tones from the bowl calm the mind and balances the body.

Besides made to order and handmade products from the Himalayas, here you can also find exclusive decorative items in marble with gold leaf work, papier mache' from Kashmir, shawls in silk from Gujarat and Rajasthan and last, but not the least, quality jewellery from Jaipur in precious and semi precious stones set in sterling silver. The designs are all made to order so one can become a proud owner of such like wonderful pieces.

With a store full of endless curiosities and enchantment, the Sacred Citadel is a place where a piece of something is worth taking home.



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A citadel stands sacred, blessed by a holy soul. It is the keeper of crafts and treasures of beauty and practicality. The Sacred Citadel gallery in Bangsar Baru, blessed by the Dalai Lama himself, is home to many amazing selections of mainly Tibetan art, crafts and furniture.

The items bear the significance and heritage of Lhasa City where the folding tables are beautifully carved and were the little possessions of the wandering Buddhist monks. In the tradition of the Silk Road, handmade appliqué silk spreads and a variety of cushion covers in different patterns lay atop the display beds/couches. The tiger bed spreads with the symbolic tiger eyes stir the soul with its deeply gaze.

Thangka, the 24-carat gold-painted wall hangings evoke inspiration and the smiling Buddha stares with untainted beauty and

charm that easily sets you at ease. The Thangka at Sacred Citadel, which are made by the master painters, is often an once-in-a-lifetime affair for many, as the waiting period for a Thangka takes at least eight months. Sometimes, it is not assured that stocks will be available as it is a rare item.

The Tibetan culture is reflected within the brightly coloured furniture that gives it beauty and inspiration. The simplicity of the furniture somehow finds itself easily incorporated into today's more complex and modern lifestyle. They are even made to keep CDs and DVDs, and the more traditional pewter designs are made as fitting picture frames.

The timeless items such as the brass and bronze Buddha figurines and statues depict the events of his life, and what better way to soothe

