



Sacred Citadel

Art from the Heart

TIBET CONJURES UP VISIONS OF A MYSTICAL, ANCIENT place where its people have always been of the land. Their land, though, is a rather unforgiving one and their worldly sustenance is dependent on their ancient traditions of skills passed down through generations from time immortal.

Sacred Citadel's owner, Prem is fortunate to have a father who was friends with the Dalai Lama, thus gaining him entry into the vast and scattered villages dotting the Himalaya region. It is to these simple, yet talented, uniquely skilled folk he goes for the wares he offers in his shop in Bangsar Baru.

Sacred Citadel is known as a one stop-centre for Hindu and Tibetan (Buddhist) art. In addition, customers can order customised and specially items .

When I last visited, the objects that most caught my eye were his woolly carpets/rugs made with Yak or Merino sheep yarn; bronze and copper statues of Buddha or

Indian gods; very select designs of Tibetan furniture either in Teak or Pine, and my personal favourites were the Tibetan Thangka paintings.

I also was quite taken with the Soft Silk Home Furnishings in appliqué - you must see a few to appreciate their charm. And the Tibetan Singing Bowls, which are hand-beaten with etchings, really do sing! I also was amused by the Indian Sandstone statues for the garden of dancing girls.

Sacred Citadel offers quality, not quantity. It is a repository of art which is not commercialised. Most of the items are one of a kind and not available on the open market. Masters with decades of experience do most of Prem's pieces and I guarantee you this quality is obvious.

A browse through their website at www.sacredcitadel.com, will demonstrate why **The Expat** whole-heartedly recommends you visit.